

What to Bring - Demigod Packing List

REMEMBER TO LABEL EVERYTHING!

Pack like a demigod! Make sure your young heroes come to camp with everything listed below.

GENERAL INFORMATION:

- We recommend packing your demigod's belongings in a medium sized rolling suitcase, hard trunk, or duffle bag.
- They will need enough items for the full week since there will not be general access to laundry.
- Please include your camper's first and last name on all belongings.
- Clothes and shoes can get muddy during our adventures. Please pack some spare reusable or large Ziploc bags for any wet or muddy clothing or shoes.

Essential Items:

- Your camp-issued sword
- Your Camp Mythik T-shirts
- 1 set of extra long twin sheets OR a sleeping bag
- 1-2 pillows
- 1 blanket
- 2 shower towels
- 1 pair of sandals or water shoes
- 1 pair of sneakers
- Toiletries (toothbrush, toothpaste, soap, deodorant, shampoo, conditioner, hair comb or brush, shower caddy) (enough for 1 week)
- Sunscreen
- Bug spray
- 1 battery-powered flashlight
- 1 small, light backpack
- 1 laundry bag
- 1 reusable water bottle
- A book (or two or three?! We will be encouraging reading before bed!

Clothing:

- 7-10 pairs of underwear
- 7-10 pairs of socks
- 1 swimsuit (for boating and on-land water activities)
- 2 pajama sets
- 1 raincoat
- 1-2 sweatshirts
- 5 additional T-shirts
- 4-5 pairs of shorts
- 3 pairs of long pants
- 2 long-sleeved shirts

Please pack light layers – although the summer in NY can hit the 90s, cooler evenings and changing weather is likely.



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MEDICATION:

- If your child needs to take medication daily or has allergies, contact the staff ahead of time. Medication must be handed directly to either a bus counselor or the Health Supervisor upon drop-off.
- Medication information can be updated by contacting info@plato-learning.com and through updating your CampSite profile.
- During bus pick-up, we will be collecting medications.
- For individuals who will be dropping their demigods off directly at Camp Mythik, our health supervisor will be collecting medications.
- Please ensure all medication is labeled with its original bottle in a Ziploc bag with the camper's name and dosage information clearly printed on the front. Any fast-acting medication can be stored with the camper.

Extra Items:

- A piece of home (photos, notes, stuffed animals, etc.)
- Stationary
- A journal
- Extra books
- Cards or small games to play during down time
- Disposable or digital camera (no data or Wi-Fi access allowed).

Prohibited Items:

- Cell phones
- Video game devices
- Video- or Internet-capable iPads, laptops, iPods, Apple watches

Prohibited Items (cont.):

- Valuables (jewelry, cash, etc.)
- Camping knives or real weapons of any kind
- Lighters or matches
- Tobacco products, marijuana, or illegal drugs or alcohol
- Food items – all food will be provided unless otherwise arranged

We are a tech-light zone — only digital cameras and non-video music players are permitted.



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